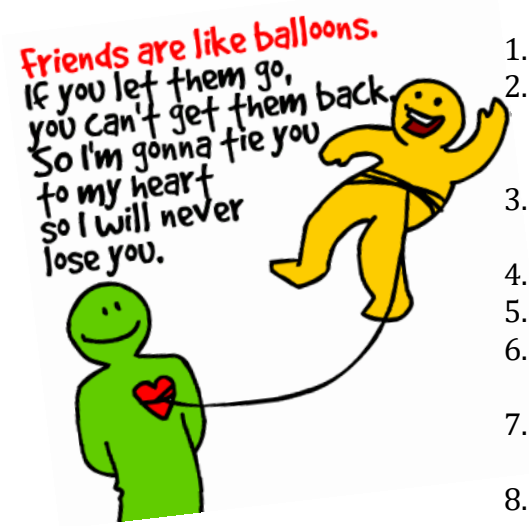
Lesson 1

A Friend Indeed



My Dear Friend

Ex. 1 ⟹ PRE-VIEW: Answer the following questions.



1. How many friends do you have?
2. What is more important for you in friendship: enjoyment, respect, trust, confiding, understanding or sense of humour? Why?
3. What is your attitude towards friendship bracelets or pendants?
4. Why do some people have frenemies?
5. What are the best ways to make friends?
6. When do people use the following words: to friend, unfriend or defriend?
7. How often do Internet friendships evolve into real-life friendships? Why?
8. Is there any algorithm for making friends?

Ex. 2 ⟹ IN-VIEW: Watch video episode 1 and finish the following sentences.

1. The worst tapioca pudding is better than .....
2. Firstly, that is axiomatically wrong, because .....
3. Secondly, the organic structure of tapioca makes it.....
4. This is cruel; we'd better let him finish before.....
5. Don't feel bad Leonard, negative results.....
6. That's why he eats by himself, instead of .....
7. Kripke lacks the basic social skills that we.....
8. That seems rather short-sided, coming from someone who .....
9. I think we're off to .....

Ex. 3 ⟹ YOUR VIEW: Now answer the following questions.



1) How would you describe the relationship between these friends sitting at the table?
2) Is it normal to discuss different types of moustache when your friend is trying to tell you something? Why did they do it?
3) How are friends trying to cheer Leonard up? Do they succeed?
4) Why does Sheldon want to befriend Kripke?
5) What do you think, will Sheldon befriend Kripke?



Ex. 4 ⟹ IN-VIEW: Read the following sentences then watch video episode 2 and decide whether they are true or false. Correct the false ones.

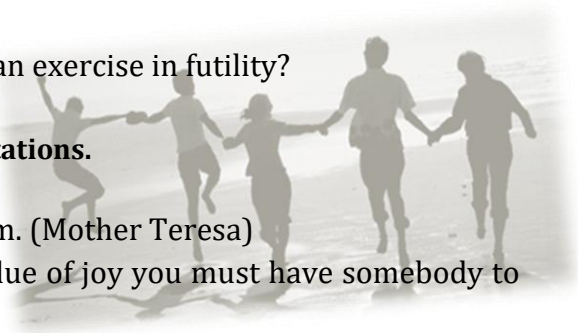
1) The Caesar salad is kitchen trickery, to utilize scrap meat.	**T/F**
2) Leonard believes that Sheldon will easily make friends.	**T/F**
3) Leonard thinks that many particle physicists have a whimsical (fanciful) side.	**T/F**
4) Sheldon devised a questionnaire to entertain his friends.	**T/F**
5) His questionnaire contains 311 questions.	**T/F**
6) In deference to Penny, Sheldon kept the questions on a high school graduate reading level.	**T/F**
7) Leonard answered the multiple-choice questions in a pattern.	**T/F**
8) Sheldon learned how to swim when he was small and now he writes about in the Internet, because he likes water very much.	**T/F**
9) Sheldon wants to break new ground in the field of friend making.	**T/F**
10) Sheldon considers going out to a coffee shop or a museum, meeting people and talking to people as something insane	**T/F**

Ex. 5 ⟹ IN-VIEW: Watch video episode 3. Who said these things and in what situations?

1. Coping with the death of a loved one? My condolences.
2. If it had been a friend, I'm available to fill the void.
3. If you are going to start sniffing people, I'm going to get a hot pretzel (a crisp biscuit baked in the form of a knot or stick and flavoured with salt).
4. I assume the skills can be extrapolated and transferred.
5. It hardly makes her an expert in making friends.
6. I don't like birds, they scare me.
7. My initial approach to Kripke had the same deficiencies as those that plagued Stu the Cockatoo.
8. Have you thought about putting him in a crate while you're out of the apartment?
9. It occurred to me you hadn't returned any of my calls because I hadn't offered any concrete suggestions for pursuing our friendship.
10. He is stuck in an infinite loop.
11. Gee. Why can't Sheldon make friends?
12. That last interest strikes me as the least objectionable and I would like to propose that we do that together.

Ex. 6 ⟹ IN-VIEW: Watch video episode 4 and answer the following questions.

1. Why does Sheldon say that he is a fan of ventriloquism (an activity when a person speaks or utters sounds so that they seem to come from somewhere else, especially when they make their voice come from a dummy of a person or animal)?
2. What does Sheldon say about fear of heights and fear of falling?
3. Was the website about rock climbing useful? Justify.
4. What are the friends doing while Sheldon is out and why?
5. Why does Sheldon want to let one of the friends go?
6. What does he say about each of his friends?
7. Why does Sheldon call this entire endeavour an exercise in futility?



Ex. 7 ⟹ YOUR VIEW: Comment on the following quotations.

- If you judge people, you have no time to love them. (Mother Teresa)
- Grief can take care of itself, but to get the full value of joy you must have somebody to divide it with. (Mark Twain)
- The best mirror is an old friend. (George Herbert)
- A friend to all is a friend to none. (Aristotle)
- A friendship founded on business is better than a business founded on friendship. (John D. Rockefeller)
- I don't need a friend who changes when I change and who nods when I nod; my shadow does that much better. (Plutarch)
- I value the friend who for me finds time on his calendar, but I cherish the friend who for me does not consult his calendar. (Robert Brault)
- Lots of people want to ride with you in the limo, but what you want is someone who will take the bus with you when the limo breaks down. (Oprah Winfrey)



Ex. 8 ⟹ IMPROVE YOUR VOCABULARY: Read the article, fill in the gaps with the words from the box and get ready to summarise it.

dense	*borders*	*valuable*	*identities*
clustered	*aggregated*	*dispersed*	*connectedness*
percentage-point	*score*	*expectancies*	*fancy*

Far-flung Facebook friends may be good for your health

New research suggests that Americans with geographically concentrated online social networks 1)_____ poorly on many socio-economic indicators

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SOCIAL networks were once thought to be little more than a passing 2)_____. In 2007, Steve Ballmer, then the boss of Microsoft, called the up-and-coming websites "faddish". The following year, Rupert Murdoch, the boss of News Corporation, dismissed Facebook as "flavour of the month". Today we know better. Social networks like Facebook, far from serving merely as entertainment for youngsters, are central to modern life, influencing the way people work and play. Social connections formed online now help shape many people's 3)_____in the real world.

New research suggests that our social media networks tell us more about ourselves than we may think. A study published last week in the Journal of Economic Perspectives by researchers from Facebook, Harvard, NYU and Princeton analyses the social "4)_____" of Americans, as measured by friendship links on Facebook. Using 5)_____and anonymised data, the authors find that Americans with tightly 6)_____ social networks comprised mainly of friends located within a short distance of their home tend to have lower incomes, lower levels of education and lower life 7)_____. Those with more geographically 8)_____ social networks tend to be richer, more educated and healthier.

Social networks are related to several other key measures of social and economic activity. For example, places whose residents have 9)_____ Facebook friendship links tend to do a lot of trade with each other, even after controlling for geographic distance. Such connections are also associated with patent citations, highlighting the role of knowledge spillovers in spurring innovation. The authors find that Facebook friendships follow regional migration patterns. This includes migration that took place decades ago. Facebook users in midwestern American cities like Chicago, for example, have strong connections with the South, reflecting links that were formed during the Great Migration in the early 20th century.

These findings will help researchers better understand the real-world effects of social networks but may also prove 10)_____ to policymakers. In their analysis of the relationship between social-media connections and trade, the authors note that each ten 11)_____increase in a state's social connectedness to a foreign country is associated with 4.7% more imports from that country, and 6% more exports. Lawmakers looking for ways to reduce America's $800bn trade deficit might consider strengthening relationships with those beyond their 12)_____.

Aug 8th 2018 / The Economist

Hometask: *Rachel's Crush*



Notes on the film:

1. David Schwimmer as **Ross** Geller
   Courteney Cox as **Monica** Geller
   Matthew Perry as **Chandler** Bing
   Matt LeBlanc as **Joey** Tribbiani
   Jennifer Aniston as **Rachel** Green
   Lisa Kudrow as **Phoebe** Buffay
2. **Kathy** – Chandler's girlfriend (actress)
3. **Joshua** – Rachel's client
4. **Mr. Waltham** – Rachel's boss

Ex. 9 ⟹ PRE-VIEW: Answer the following questions:

1. Do you think men and women differently perceive romance/relationships? In what way?
2. Do men and women try to attract attention of the opposite sex in different ways? Provide examples?

Ex. 10 ⟹ IN-VIEW: Are the sentences true or false? Correct the false ones.

1. Rachel has been fired from current job.	**T/F**
2. Joye suggests that actors working together inevitable get together.	**T/F**
3. Ross agrees to go to see the play with Chandler's girlfriend again.	**T/F**
4. Kathy admits cheating on Chandler with her stage partner.	**T/F**
5. After switching apartments with guys Monica misses the role of hostess.	**T/F**
6. Joshua is an regular client the firm Rachel works for.	**T/F**
7. Monica prepares cookies to "seduce" her friends into her apartment.	**T/F**
8. Rachel's afraid of asking Joshua out because she has failed before.	**T/F**
9. Joshua agrees to go to the basketball game with Rachel.	**T/F**

<u>Ex. 11</u> ⟹ IN-VIEW: Who said this and in what situations?

1. No, but they stuck me in personal shopping. Which is just a huge step down!
2. Chandler, look they're actors. They're there to do a job, just 'cause they work together, doesn't mean they're gonna get together.
3. Somebody seems to be missing being the hostess.
4. Well, I need a whole new wardrobe. My wife, well my ex-wife…
5. Oh come on, it was so obvious! There was no chemistry between you two!
6. Rachel has a new doll.
7. All right then, when I'm done with this place, it's gonna be ten times better than that place!
8. The bartender taught me a trick though.
9. Why don't you ask him out?
10. There's a lot of theories that didn't pan out. The lone gunman. Communism. Geometry.
11. Oh! Well, as a single woman, who is available, I think you look great!
12. Oh wow. I really wish you'd call me.
13. Rachel, one of your customers seems to have left his billfold.

<u>Ex. 12</u> ⟹ YOUR VIEW: Answer the following questions.

- How does the episode prove your assumptions for ex. 9?
- What would be your suggestion for Rachel to attract Joshua's attention?



Lesson 2



Video: *Biology of Love*



Ex. 13 ⟹ PRE-VIEW: Answer the following questions.

1. Look up in a dictionary the definition of LOVE. How accurate is it, to your way of thinking?
2. What's your idea of love? Is it prone to any definition?
3. You're going to watch a video revealing "the biology of love". What will the video be about?

Ex. 14 ⟹ IN-VIEW: Watch the video episode and explain what the following numbers refer to.

9	.....
52	.....
75	.....
10	.....
5 to 8	.....
14th	.....



Ex. 15 ⟹ Watch again and complete the gaps.

1. ... we can invite you on a voyage to the ..... of our bodies, to ..... to you the biology of love.
2. But it all began with an exchange of looks, with a story of .....
3. Even if the person is a bit neutral or protects himself like that, if you are attractive, interesting and you give pleasure, the person cannot prevent himself from .....
4. Body language, ... have an almost casual role in attraction.
5. When we meet someone who ..... with this map, sparks begin to fly.
6. Testosterone in uterus causes a ring finger to grow longer and it also influences our brain development, so that later in life we make different .....
7. A woman with a long ring finger will ..... to chose a very masculine male for a ..... relationship, she's looking for good genes.
8. These markers are subconscious signals to men that the woman produces abundant amount of estrogens and is thus ..... .

Ex. 16 ⟹ YOUR VIEW: Answer the following question.

- Do you agree with the scientists from the film?

Ex. 17 ⟹ PRE-VIEW: Answer the following questions.

1. Why do people marry?

2. What is a good marriage?
3. Can marriage of convenience make the couple happy? Why/not?
4. How do you understand the term "open marriage"?
5. What does cohabitation stand for?
6. What is civil marriage?

Ex. 18 ⟹ IN-VIEW: Watch the video episode and answer the following questions.

1. How does the couple behave when they leave the garage?
2. Why does Mr. Smith put on the wedding ring in the garage?
3. What was Mr. Smith asked to buy and what has he bought?
4. What has Mrs. Smith bought? And what is Mr. Smith's reaction to it and why?
5. Why did Mr. Smith come back to the psychoanalyst?
6. What did Mrs. Smith tell the psychoanalyst?
7. Why doesn't Mrs. Smith pass the salt to Mr. Smith?
8. How honest is Mrs. Smith with Mr. Smith?

Ex. 19 ⟹ IN-VIEW: Put the following sentences in the correct order to reconstruct the dialogue between Mr. Smith and Mrs. Smith.

___ I remember. I remember 'cause we said we'd wait.
___ You'll get used to them. I like them.
___ We talked about this. You remember?
___ They're a bit green. I think we have to reupholster the sofas... and definitely get a new rug, maybe a Persian.
___ Okay. I don't like them.
___ Of course you did.
___ Yeah.
___ Or we can keep the old ones. Then we don't have to change a thing.
___ There was a struggle over the material, but I won.
___ If you don't like them, we can take them back.

Ex. 20 ⟹ YOUR VIEW: Answer the following questions.

- How can you describe the marriage between Mr. & Mrs. Smith?
- What role do the engagement and wedding rings play for men and women?
- What is your attitude to marriage?
- Why do some couples make a prenuptial agreement? What is it for?

Ex. 21 ⟹ YOUR VIEW: Discuss the following tasks.

1. Discuss the tendencies and their possible consequences; suggest any possible ways of turning them into positive developments for the countries that are experiencing them.
2. Basing on the list of problems and ways of overcoming them, prepare a set of rules of behavior for those aspiring to marry a person of a different nationality taking into consideration any national peculiarities and traditions that you know of. Discuss your sets of rules in groups and work out help-lists for people coming from different countries.

Hometask: *Video "Is Monogamy Natural?"*

Ex. 22 ⟹ PRE-VIEW: Answer the following questions.

1. What is monogamy / polygamy?
2. What does the video title imply?
3. Guess what the video is about.
4. How would you answer the questions in the video title?

Ex. 23 ⟹ IN-VIEW: Watch the episode several times and complete the gaps in the sentences.

1. Sure, penguins are known to be ..... , but most ..... aren't.
2. Some anthropologists believe our human ancestors ..... for monogamy about ..... years ago.
3. This survival coupling slowly ..... into the exclusive relationship: marriage.
4. Despite estimates that as many as one in ..... people will have an affair at least once in their life time, most modern couples still say monogamy is something they ..... .
5. University of Chicago survey found ..... of adults said only had one partner or none in the past year.
6. I think once you've made the decision to partner with a ..... , ...
7. It would be natural. Despite ..... .

Ex. 24 ⟹ Write a summary of this video episode.

Ex. 25 ⟹ YOUR VIEW: Answer the following question.

- Do you think monogamy is important for society? Why? Why not?



Lesson 3

Celebrities



Ex. 26 ⟹ AUDIO: Listen to the abstract "*Showbiz*" and answer the following questions.



1. How was the word 'showbiz' written when it appeared?
2. When did this word appear?
3. In what kind of circumstances was "That's show biz" used?
4. What is the adjective form of 'showbiz' and what does it mean?

Ex. 27 ⟹ AUDIO: Listen to the abstract "*Cewebrity*"and finish the following sentences.

1. The artist Andy Warhol famously said that he thought .....
2. With the increasing power of the internet.....
3. Anybody with an internet connection and a computer.....
4. A cewebrity is somebody who is only, or perhaps mostly famous through.....
5. As people rely on the internet more and more for their entertainment needs, it is becoming increasingly attractive as.....
6. Some musicians get a recording contract through.....
7. Recently an American newspaper, the Seattle PI decided.....
8. Some videos which are posted on the internet become incredibly popular, being seen.....
9. This is an age where a video of someone dancing and pretending to sing a famous song can get them.....
10. It's an age of.....

Ex. 28 ⟹ IN-VIEW: Watch the video episode about Oprah Winfrey and decide whether the following statements are true (T) or false (F). Justify your answer.

1. Oprah was raised on a farm with my grandfather for the first seven years of my life.	**T/F**
2. Oprah never had a clear cut vision of what it was she would be doing.	**T/F**
3. She remembers absolutely emotionally feeling it at around four years old.	**T/F**
4. Oprah remembers standing on the front porch and her grandmother was boiling the chicken broth.	**T/F**
5. At that time people didn't have washing machines.	**T/F**
6. Oprah was four years old and she remembers thinking, "My life will be like this."	**T/F**
7. It was from a place of arrogance that things could be different for her somehow.	**T/F**

Ex. 29 ⟹ IN-VIEW: Watch the video episode about Oprah Winfrey (part 2) and answer the questions.

1. What was Oprah's vision of her career?
2. Why didn't her father share her view on that matter?
3. What was her roundabout way to her dream?

Ex. 30 ⟹ YOUR VIEW: Answer the following questions.

1) Who do you think are the most famous people in the world?
2) Are you a fan of anyone famous? Do you have favourite pop stars or film stars?
3) Would you like to be famous/ a pop star/ a TV star/ a film star?
4) What are the advantages and disadvantages of being famous?
5) How do you understand the term "wannabe"?

Ex.31 ⟹ Read the abstract and explain the meaning of the term "wannabe".

A very unusual feature of some languages, and of English in particular, is that you can have phrases that can be used as words: a phrase used as a word! 'Wannabe' is a good case in point. It's of course a colloquial version of "want to be" – wannabe. Sometimes there are two e's at the end. If I say "he's a wannabe", what I mean is he's an admirer or a fan; somebody who wants to emulate a celebrity by copying that celebrity's dress or behaviour or something like this.

It actually started back in the United States sometime in the 1980s. I think it first became very popular when people wanted to be like Madonna the pop star. Certainly that's when I first heard it very regularly and a 'wannabe' person is someone who wants to be as famous, or just get some reflected glory from the person, in this case Madonna, that they were admiring. It reflects the colloquial pronunciation. Notice, it's not a very polite expression. You can talk about other people as being wannabes, but you wouldn't say that you yourself were a wannabe, and if you say about somebody "he's a wannabe", you're really being a bit sceptical about that person's state of mind I think, to some extent. But it's a very popular term – you'll hear everybody use it these days.

Ex. 32 ⟹ IMPROVE YOUR VOCABULARY: Match the words connected to fame, movies and music to the definitions.

a celeb a megastar a turkey a blockbuster to plug something a must-see movie a hanger-on a B-list celebrity britpop

1. An expensive and probably successful film, often from Hollywood.
2. A type of music from the UK, featuring melodious guitars.
3. To publicise something, usually your latest film/book, on a TV show.
4. A film that you have to watch.
5. An incredibly famous person.
6. A famous person.
7. A minor famous person.
8. A very unsuccessful and bad film.
9. Someone of no talent who thinks he or she is important because they spend time with a famous person.

Ex. 33 ⟹ Answer the following questions.

1. What turkeys can you name?
2. Can you name any B-list celebrities?
3. Why do hangers-on hang around famous people?
4. Whom do you consider a megastar?
5. How could you discriminate between a blockbuster and a must-see movie?
6. What a must-see movie would you suggest? Why?
7. How do writers plug their new books on TV shows?

Hometask: *Sally Field*

Ex. 34 ⟹ AUDIO: Listen to an abstract about D-list and get ready to summarise it.

Ex. 35 ⟹YOUR VIEW: Comment on the quotations

- "A celebrity is a person who works hard all his life to become well known, and then wears dark glasses to avoid being recognized." *Fred Allen*
- "Celebrity is good for kick-starting ideas, but often celebrity is a lead weight about your neck. It's like you pointing at the moon, but people are looking at your finger". *Sting*
- "You can't shame or humiliate modern celebrities. What used to be called shame and humiliation is now called publicity. " *P.J.O'Rourke*



Ex. 36 ⟹ PRE- VIEW: Discuss the following questions with your partner.

1. What's your definition of professional success?
2. What are the keys to professional success?
3. Who's the person you admire for his/her professional success?

Ex. 37 ⟹ IN- VIEW: Complete the gaps in sentences. Give the context.

1. I have survived for almost ..... years in a business - the acting profession - that has no .....
2. I have ..... into film. I'm now part of another .....
3. ... and I've done really ..... movies, like *Surrender* and *Beyond the Poseidon* .
4. I was also at a time when, believe me, ... and television actress were not accepted in .....
5. ... and the public ..... an image of you.
6. ... probably the most ..... learning experience of my life.
7. One thing you have to know is what you .....
8. It maybe the information you don't want to hear: you're not as sexy as you thought you were, you don't ..... maybe as intelligent as you thought, you seem ....., you seem ....., you seem .....

Ex. 38 ⟹ Answer the following questions.

1. What cartoon does S. Field have in her office? Interpret it.
2. What was S. Field's career path?
3. How does S. Field advise working with your own image?
4. Why did S. Field transition into producing and directing?
5. What was the most profound experience of S. Field's life?
6. What two exercises does S. Field teach the audience?

Ex. 39 ⟹ YOUR VIEW

a) *Interpret the quotes S. Field employs in her speech. Why did she choose these two quotes?*

- "Living is a form of not being sure, not knowing what next or how. The moment you know how, you begin to die a little. The artist never entirely knows, We guess. We may be wrong, but we take leap after leap in the dark."*Agnes de Mile*"
- You must enter the forest at the darkest point, where there is no path. Where there is a way or path, it is someone else's ". *Joseph Campbell*

b) Do you find S. Field's speech is useful for career advancement?

Lesson 4

Glory



Video: *Awesome*

Ex. 40 ⟹ PRE-VIEW: Answer the following questions.



1. What episode from your childhood do you remember best of all?
2. What was your first day in the university like?
3. Has anything special happened to you today?
4. Do you have plans for the next two years?

Ex. 41 ⟹ IN-VIEW: Watch the video episode and make notes about the three A's of Awesome.

three A's of Awesome	
A...	
A...	
A...	

Ex. 42 ⟹ IN-VIEW: Finish the following sentences.

1) None of us can predict the future, but ……..
2) Having a great attitude is about ……..
3) Having a sense of awareness is just about ……..
4) When you are authentic ……..
5) When the speaker was five years old ……..
6) We are the only species in the entire universe ……..
7) Life is so great that we only ……..
8) You will never be ……..

Ex. 43 ⟹ YOUR VIEW: Answer the following questions.

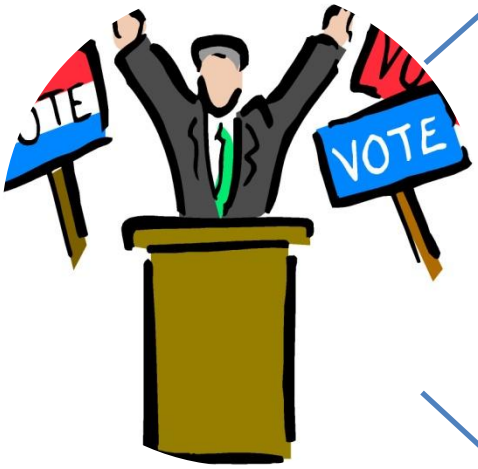


1. How far do you agree with the speaker?
2. Comment on the quotation: "Life is like a box of chocolates. You never know what you are going to have". (Forest Gump)
3. Is it possible to be happy every minute?
4. Is your life truly awesome?

Hometask: *Role-play: Keeping the 'Celebrity' Image*

Ex. 44 ⟹ Role-play the following:

A) Before you begin the role-play, discuss what kind of character the politician is, what the political climate is etc.



POLITICIAN

- You are a candidate for an important election and have been told that your chances of success are compromised by your bad public image
- You decide to consult a public relations agency to see how this can be changed

PERSONAL ASSISTANTS

- You strongly believe you know what should be changed in your boss's image to make him more alluring for the public
- However, the problem is you all can't find a consensus on which of his features are beneficial for his image and which are not

TEAM OF PUBLIC RELATIONS CONSULTANTS

- You are interviewing a client who is a politician and needs to advance his or her public image before an important election
- You are to decide what changes are vital and how they should be implemented

B)



CELEBRITY

- you are afraid that you have been neglected by mass media and, consequently, the public, of late
- You are eager to restore your stardom status. You decide to consult a public relations agency to see how this can be changed

PERSONAL ASSISTANTS

- You strongly believe you know what should be changed in your boss's image to make him/her more alluring for the public
- However, the problem is you all can't find a consensus on which of his features are beneficial for his image and which are not.

TEAM OF PUBLIC RELATIONS CONSULTANTS

- You are interviewing a client who is a actor/actress and needs to advance his or her public image to stay in the public eye
- You are to decide what changes are vital and how they should be implemented

Useful language

- ✓ Poise
- ✓ lack of self-confidence
- ✓ Self-assurance
- ✓ insufficient recognition
- ✓ Self-control
- ✓ Ambition
- ✓ Meet/realise aspirations
- ✓ Strive towards
- ✓ Hit/make the headlines
- ✓ Maintain a high profile
- ✓ Essential attributes of success
- ✓ Distinguish oneself in

Talking about habits:

- ✓ You dress smartly/casually/seductively/badly.
- ✓ You stand in a relaxed manner/stiffly.
- ✓ You speak clearly/loudly/softly.
- ✓ You look sure of yourself/unsure of yourself/ill at ease.
- ✓ You gesticulate a lot./You don't gesticulate enough.

Giving advice: (try to be more direct)

- ✓ Why don't you try wearing quieter colours?
- ✓ You could have your hair restyled.
- ✓ Try to be more obsequious.