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SHORT CUT *to* BETTER VOCABULARY

Vocabulary in Use for Master's Degree Course

Москва 2006

Московский государственный институт международных отношений МИД РФ

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Лексический практикум “Short Cut to Better Vocabulary” предназначен для студентов магистратуры факультета МЭО в рамках общеязыковой подготовки, а также для любой продвинутой категории учащихся, стремящихся значительно повысить свою языковую компетенцию. Пособие может использоваться как для аудиторной, так и для самостоятельной работы.

Пособие направлено на значительное расширение лексической базы и повышение языковой компетенции, предполагающее совершенствование навыков устной и письменной речи.

Необходимость создания данного лексического практикума продиктована полным отсутствием пособий такого характера для студентов этого уровня.

Предлагаемый для активного усвоения вокабуляр в полной мере отвечает поставленной задаче – лексического обеспечения текстовой компрессии, - так как опыт работы на старших курсах показывает, что развитие навыков реферирования и аннотирования должно обязательно сочетаться с кропотливой работой над лексикой, пригодной для этих целей. Сформированный на предыдущих этапах обучения словарный запас не отвечает задачам лексического обеспечения текстовых трансформаций в ходе редукции первичных и синтезирования вторичных текстов, предполагающих использование особой лексики, так называемых слов-аккумуляторов.

Задача, поставленная автором, предполагает языковую и лингвострановедческую сложность. Надежный контроль усвоения материала обеспечивается предлагаемым аппаратом упражнений, направленных на значительное расширение лексической базы и активное усвоение лексических единиц. Автор использует различные типы упражнений, позволяющих постепенно переходить от узнавания отобранной лексики в тексте до ее активного использования при формулировании собственных мыслей на темы юнитов.

Заслуживают внимания и упражнения, направленные на пополнение активного словаря будущих магистров за счет слов латинского и греческого происхождения, которые давно стали неотъемлемой частью профессионально-ориентированных текстов.

Письменные задания, завершающие каждый раздел, носят креативный характер и ставят своей целью формирование более устойчивого навыка словоупотребления.

Материал, отобранный автором, основывается на самых современных образцах англоязычной публицистики и служит не только информационным и учебным, но и воспитательным целям, что способствует формированию у студентов активной жизненной позиции.

Учебник прошел апробацию в группах магистратуры факультета МЭО и получил высокую оценку, как преподавателей, так и студентов.

Автор руководствовался Законом Российской Федерации от 9 июля 1993 г. №5351-1 «Об авторском праве и смежных правах», допускающим использование правомерно обнародованных произведений и отрывков из них в качестве иллюстраций (в широком смысле) в изданиях учебного характера в объеме, оправданном поставленной целью или методикой, с обязательным указанием имени автора, произведение которого используется, и источника заимствования.

UNIT 1

1. avert	**6. infer**
2. compel	**7. lament**
3. comply	**8. magnanimous**
4. concede	**9. recipient**
5. futile	**10. refrain**

1. Words in Context

➢ ***What is the meaning of the following words? Use the context of the sentences to help you figure it out.***

avert (verb) Renata **averted** an unpleasant meeting with her ex-boyfriend by leaving the store before he saw her.

Avert means a. to begin b. to prevent c. to report

compel (verb) If the law didn't **compel** people to pay taxes no one would pay them.

Compel means a. to help b. to forbid c. to force

comply (verb) If someone with an iron pipe demands your wallet, it is safer to **comply** than to resist.

Comply means a. to argue b. to do as asked c. to hear

concede (verb) After pretending it was easy learning to use the new computer, Ross had **to concede** that he was struggling and ask for help.

Concede means a. to forget b. to admit c. to prove

futile (adjective) My boss is so stubborn that once she has made a decision, it's **futile** to try to change her mind.

Futile means a. hopeless b. easy c. useful

infer (verb) The fact that the old man left his fortune to strangers led us to **infer** he was not fond of his children.

Infer means a. to conclude b. to forget c. to conceal

lament (verb) People all over the United States **lamented** the death of Martin Luther King, who is now honored with a national holiday on his birthday.

Lament means a. to mourn b. to doubt c. to disturb

magnanimous (adj) At first, newlyweds tend to be **magnanimous**, readily forgiving each other's mistakes.

Magnanimous means a. big-hearted b. consistent c. resentful

recipient (noun) Carla was so popular that each year she was the **recipient** of dozens of Valentines.

Recipient means a. one who gives b. one who receives
c. one with good luck

refrain (verb) I **refrained** from saying what I really thought about Anne's decision to become an actress because I didn't want to hurt her feelings.

Refrain means a. to stop oneself b. to return
c. to keep going

2. Matching Words with Definition

➢ ***Following are definitions of the ten words. Clearly write each***

word next to its definition.

1……	To force
2……	To hold oneself from doing something
3……	To admit to something
4. ……..	Useless; unable to succeed
5……	A person who receives
6……	To prevent, to avoid
7……	To draw a conclusion from evidence
8……	To do as commanded or asked
9……	To express sorrow for or about
10……..	Noble in mind and spirit; especially generous in forgiving

3. Sentence Check

➢ ***Using the answer line provided, complete each item below with the correct word from the box. Use each word only once.***

Concede, infer, recipient, avert, comply, refrain, compel, lament, futile, magnanimous

1……"The poor economic situation leaves me no way out", said the company president. "It …… me to lay off some of our workers."

2…… Since she's on a diet, Stella ……from eating a second piece of carrot cake.

3……Our business instructor told us an interesting anecdote about a company that ……failure by sharing ownership with all its workers.

4…… Any player who doesn't ……with the rules will be dropped from the team.

5…… In a small business, it's important never to start quarrels. People must learn to be …… and forgive each other's errors.

6…… Chairman Jones was conservative, preferring traditional solutions. So it was hard for him to

……that some of the radical ideas of his opponent might work.

7…… Doug was the annoyed ……of 14 pieces of junk mail on the same day.

8…… It is ……to have any conversation with Manny when a football match is on because his eyes are glued to the set.

9…… It was easy for Professor Anderson to …… that one of the students had copied the other's paper – both had the same wording in several paragraphs.

10…… "I ……the passing of the days when employees did their jobs right." The shop owner complained.

4. Final Check

➢ Here is a final opportunity for you to strengthen your knowledge of the ten words. First read the following text carefully. Then fill in each blank. (Context clues will help you figure out which word goes in which blank.) Use each word only once.

Knowing Your Rights

Consumers often think that it's …… to make any attempts to get compensation even if the goods they have bought differ from the illustration on the package. However, it's a mistake. Under English law their rights are impressive.

All traders have to …….. with three main rules.

The first one is that the goods are "of merchantable quality", fit for the purpose. For example, a pair of shoes which falls apart after two weeks of normal wear is not merchantable.

Traders' second obligation is that "the goods are fit for any particular purpose made known to the seller". If you asked the seller whether the kitchen-mixer you are being shown will be powerful

enough to knead bread dough and he says it will but it breaks under the strain of your bread-making, you are entitled to a refund.

The third one is that the goods are “as described”. If the label says the blanket is pink and it turns out to be blue, then again the customer has a cause for complaint.

If the buyer finds that the item is faulty he should ……. from sending it to the manufacturer but take it back to the shop. However he can sue the manufacturer if he suffered personal injury.

The buyer is under no obligation to accept a credit note but he or she may …… to the offer of a replacement or a repair to the item, or he can insist on a refund according to the law.

……. of presents usually have no receipts. So, they …..…… that they are not entitled to any compensation if something goes wrong. However they shouldn’t ……..and either get rid of the faulty item or keep the thing that doesn’t fit at all. Though legally it’s the buyer who has the rights, shops may not be too strict about it and help the person who has received the gift for the sake of goodwill.

But if the worst comes to the worst and a retailer refuses to give a refund for faulty goods you may have to go to court and sue the seller for your money or for compensation. But that’s very rare. Usually to …….. possible losses retailer prefers to give you your money back.

However you should remember that you can’t …….. a retailer to sell you anything as he is under no obligation to do so. If a retailer has made a mistake and prices an item too low or doesn’t want to disturb a window display you can’t insist on purchasing that article.

5. Educated Guess

➢ There are a lot of words in Russian and English which have similar meaning. Using your previous knowledge make an educated guess matching the words with their definition.

1. acknowledge	extreme enthusiasm

2. compensate 3. mania 4. parallel 5. spontaneous	something that is very similar to something else to make suitable payment; pay; repay done as a result of natural feeling or impulse to admit or confess

6. Integration and Activation

➢ ***Give your own examples developing the topics of shopping, consumer rights and using the words from exercises 1, 5.***

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UNIT 2

1. ample	**6. gruesome**
2. antidote	**7. indulgent**
3. delusion	**8. menace**
4. deter	**9. remorse**
5. elicit	**10. savor**

1. Words in Context

➢ ***What is the meaning of the following words? Use the context of the sentences to help you figure it out.***

ample (adjective) Surprisingly, my compact car has **ample** space inside. Even Mario, who is six feet tall, never feels cramped in it.

Ample means a. little b. healthy c. plenty of

antidote (noun) For me a good **antidote** to feeling low is to watch a comedy with Steve Martin.

Antidote means a. a short story b. a causec. a remedy

delusion (noun) Quincy has the **delusion** that money is everything. Sadly, in seeking financial success, he neglects what is truly important, such as family and friends.

Delusion means a. pleasure b. misbelief c. action

deter (verb) A childhood stutter didn't **deter** Leon. He overcame his speech handicap and reached his goal of being a radio announcer.

Deter means a. to discourage b. to support c. to mix

elicit (verb) The professor **elicited** 95% attendance at his lectures.

Elicit means a. to succeed in getting b. to get rid c. to follow

gruesome (adjective) The automobile accident was so **gruesome** that I had to look away from the horrible sight.

Gruesome means a. unfair b. boring c. awful

indulgent (adjective) Overly **indulgent** parents, who let the children do whatever they please, will end up with problem teenagers.

Indulgent means a. strict b. giving c. not caring

menace (noun) Acid rain is the biggest **menace** to the survival of freshwater fish.

Menace means a. puzzle b. asset c. a danger

remorse (noun) Feeling the **remorse** over breaking the Sony Walkman, I apologized to my friend and promised to buy her a new one.

Remorse means a. excitement b. ambition c. regret

savor (verb) Given a rare chance to enjoy the beach, I **savored** every moment in the warm sun.

Savor means a. to save b. to enjoy c. to ignore

2. Matching words with definition

➢ ***Following are definitions of the ten words. Clearly write each word next to its definition.***

1……	Horrible; frightening; shocking
2……	Giving in to someone's desires, often too much so
3……	Something that reduces the effects of a poison; anything that relieves a harmful situation
4……	To make someone react in a certain way; to stimulate
5……	More than enough, plenty of
6……...	To taste or smell with pleasure; to appreciate fully
7……	A threat
8……	To prevent or discourage
9……	A strong feeling of regret and guilt
10……..	A false opinion or belief

3. Sentence Check

➢ ***Using the answer line provided, complete each item below with the correct word from the box. Use each word only once.***

Indulgent, antidote, gruesome, menace, remorse, ample, savor, elicit, deter, delusion

1. **…….....**Rafael is so impulsive that he often decides he wants to go out to dinner or to a movie at the last minute. Overly…….., his wife never contradicts. She even agrees to eat out after she has already cooked dinner.
2. ……. Working at top speed, the doctors injected the poisoned woman with a powerful……. Everyone in the emergency room seemed anxious and tense except the woman's husband, so we wondered at his apparent

apathy.

3. ……The young campers sat around the fire and scared each other with **……** horror stories.

4…… My parents believe that the most important requirement of any celebration is ……. food, so that no one will be hungry.

5…… The ruthless murderer told what had happened in simple chronological order, without showing any…….: “First I loaded the gun, and then I drove to the mall. Next I started shooting people.”

6. ……Beth’s parents disapproved of her dating someone from a different culture, but their prejudice didn’t …….her – she still dated Po-Yen.

7. ……Alex clings to the ……..of being in total control even when drunk. In reality, he then lacks both judgment and muscle control.

8. …… Drugs have become a terrible ……to the well-being of American children.

9. ……Katie ……..the candy bar, eating it bit by bit so that the pleasure would last as long as possible.

10…… My attempts at conversation didn’t …… much response.

4. Final Check

➢ ***Here is a final opportunity for you to strengthen your knowledge of the ten words. First read the following text carefully. Then fill in each blank. (Context clues will help you figure out which word goes in which blank.) Use each word only once.***

Fighting Talk for Compulsive Eaters[1]

Contemporary generation is ready to compensate self-induced sleep deprivation by being self-…….. in eating habits.

How do you spot a compulsive eater in a restaurant?

A common …… is that the customer who …… the most exotic dishes or cheerily puts away…….. portions of everything and still can't resist another helping is the one. No, he is not. That is the sign of the merely greedy.

The serious compulsive eater is more likely to order an omelette, toy with the food and send it away half eaten. Only then will she rush home (compulsive eaters are women often than not) to stuff herself with anything she can lay her hands on. A typical binge meal "a couple of 500-gram Christmas puddings, a packet of mince pies, a tin of condensed milk, packets of biscuits, and muesli", brings the eater no satisfaction. On the contrary, these binges are joyless affairs, likely to leave the individual lying exhausted and suffering from……...

The worst of it is the …….. feeling of a complete inability to choose or to control one's own intake. Even the knowledge of possible consequences doesn't …….. an individual from going on a binge.

Indeed many compulsive eaters talk in Old Testament terms of being "possessed by a demon". Though haunted by thoughts of food, most compulsive eaters sincerely want to be thin. Some of them really manage to achieve thinness by fasting between binges.

Add to this the …….. of lifting eating out of its natural context of nourishment and you have the complete picture. After all**,** we first experience food in the highly charged atmosphere of parent child interaction. The baby offered food for reasons not connected with hunger (as a reward, for example, or as an …….. to boredom or hurt) might fail to learn to distinguish hunger from other kinds of discomfort. In later life any kind of distress or other emotions will …….eating.

[1] Based on *Catherine Mant. Fighting Talk for Compulsive Eaters// Leo Jones. Progress to Proficiency. Cambridge University Press, 1993.*

5. Educated Guess

➢ ***There are a lot of words in Russian and English which have similar meaning. Using your previous knowledge make an educated guess matching the words with their definition.***

1. rational	a supporter; someone who argues for a cause
2. passive	reasonable; logical
3. radical	being acted upon without acting in response
4. skeptical	favoring extreme changes, especially in politics and government
5. advocate	doubting; questioning

6. Integration and Activation

➢ ***Give your own examples developing the topics: sleep deprivation, compulsive eating, keeping-fit obsession, - and using the words from exercises 1, 5.***

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UNIT 3

1. alter	**6. dismal**
2. contempt	**7. impose**
3. deprivation	**8. inevitable**
4. deteriorate	**9. overt**
5. devise	**10. summon**

1. Words in Context

➢ ***What is the meaning of the following words? Use the context of the sentences to help you figure it out.***

alter (verb) Many inventions have changed the course of history. Television **altered** the world, for example by making it smaller.

Alter means a. surprise b. change c. keep

contempt (noun) Vera pitied the beggar, but her boyfriend felt only **contempt**, saying. "He's too lazy to get a job."

Contempt means a. disrespect b. acceptance c. curiosity

deprivation (noun) Children who spend their early years in institutions where they receive no love may suffer throughout life from the effects of this **deprivation**.

Deprivation means a. deficiency b. a feeling of disapproval c. a strong desire

deteriorate (verb) Our relationship began to **deteriorate** after we had a big fight over money.

Deteriorate means a. stay the same b. improve c. decay

devise (verb) The police had **devised** a plan to catch the thief, but he escaped through the freight elevator.

Devise means a. create b. forget c. carry

dismal (adjective) Kyle was disappointed by the **dismal** news that his injured knee would keep him out of college for a whole semester.

Dismal means a. welcome b. lengthy c. gloomy

impose (verb) "I don't want to **impose** on you," Scott said, "but if you are going to the post office, would you get me some stamps?"

Impose means a. selfishly bother b. improve c. spy

inevitable (adjective) I am such a coffeeholic that if you put a cup of coffee in front of me, it is **inevitable** that I will drink it.

Inevitable means a. unlikely b. surprising c. certain

overt (adjective) Mrs. Dean's dislike for the mayor was **overt.** She stood right up in front of the crowd and called him a two-faced liar.

Overt means a. obvious b. fair c. harmful

summon (verb) The principal liked to **summon** troublesome students to his office by announcing their names over the loudspeaker.

Summon means a. order b. see c. allow

2. Matching words with definition

➢ ***Following are definitions of the ten words. Clearly write each word next to its definition.***

1……..	Gloomy; cheerless; depressing
2……..	Obvious; not hidden
3……..	To invent; think up; create
4……..	To send for; order to come
5. ……	To take unfair advantage of; to introduce a new law or system
6……..	Sure to happen; unavoidable
7……..	Lack or shortage of one or more basic necessities
8……..	Disrespect; a feeling that a person or thing is inferior and undesirable
9……..	To become worse; become weaker or damaged
10. ……..	To change

3. Sentence Check

➢***Using the answer line provided, complete each item below with the correct word from the box. Use each word only once.***

Deprivation, contempt, devise, alter, impose, dismal, overt, summon, deteriorate, inevitable

1. ……	……. racism is easier to deal with than the hidden kind. You can better fight what is out in the open.
2. ……	In the 1880s an American woman …….. a machine that sprayed dinnerware with hot, soapy water – the first automatic dishwasher.
3…….	I have …… for any doctrine teaching hatred of groups having different principles and beliefs.

4. …… Typically, women lose income after a divorce, but that is not their only…… They also lose status, identity, and sometimes even their homes and children.

5…….. Jenny's health continued to ……until she turned to homeopathy.

6…….. The ……picture of parentless children In the asylum made them change their life plan and start a family with 10 adopted children.

7. …… We try so hard to look and stay young, but aging is……...

8…… Criticism is rarely the best way to …… someone's behavior. Gentle suggestions tend to bring about more change.

9…… I thought I was in trouble when my boss …… me to his office – until she told me I was getting a raise.

10…… Roy is always asking favors, yet people never seem to notice how much he ……. on them.

4. Final Check

➢ Here is a final opportunity for you to strengthen your knowledge of the ten words. First read the following text carefully. Then fill in each blank. (Context clues will help you figure out which word goes in which blank.) Use each word only once.

Women's Rights[2]

We live in a man-made society. Men …….(d) and built the framework of government that controls our daily lives. Our

[2] Based on *Women's rights: A Practical Guide by Anna Coote and Tess Gill// Leo Jones. Progress to Proficiency. Cambridge University Press, 1997.*

rulers and representatives have almost all been men. Men constructed a bureaucracy to administer the law. Men cultivated the jungle of red tape which often threatens to engulf us.

At the beginning of the nineteenth century, when discrimination against women was……, they had virtually no rights at all. Quite often treated with …….. they were just the chattels of their fathers and husbands bought and sold in marriage. They had neither rights over their children nor control over their own bodies. Their husbands could beat them without fear of legal reprisals.

Since then, progress towards equal rights for women has been slow indeed. There have been times when the tide seemed to turn against them, and women's position even ……(d). The first law against abortion was passed in 1803. It ……(d) a sentence of life imprisonment for termination within the first fourteen weeks of pregnancy.

Strange as it may seem but …… wartime ……(ed) the position of women for the better, bringing …… progress to the cause of women's rights. Women became indispensable as workers outside the home as they were ……(ed) to keep the factories and plants running while the men went out to fight. They were allowed into new areas of employment and were conceded new degrees of responsibility. When peace came, however, women were unable to hold on to their gains. Men reclaimed their jobs, and women were forced back into their homes and confined to their traditionally low-paid, menial and supportive forms of work. Theories about maternal …… emerged – women who had been told it was patriotic to go out to work during the war were now told that their children would suffer if they didn't stay at home. For the next two decades little progress was made.

5. Educated Guess

➢ There are a lot of words in Russian and English which have similar meaning. Using your previous knowledge make an educated guess matching the words with their definition.

1. prospects	a choice
2. initiate	chances of success
3. accelerate	ideas spread to support or oppose a cause
4. alternative	to begin something; to start
5. propaganda	to speed up

6. Integration and Activation

➢ Give your own examples developing the topic of women's rights and using the words from exercises 1, 5.

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UNIT 4

1. adhere	**6. fallacy**

2. apprehensive	**7. fortify**
3. connoisseur	**8. inhibit**
4. convey	**9. novice**
5. dismay	**10. perception**

1. Words in Context

➢ ***What is the meaning of the following words? Use the context of the sentences to help you figure it out.***

adhere (verb) Angie used bubble gum to make the poster of Whitney Houston **adhere** to her bedroom wall.

Adhere means a. belong b. grow c. stick

apprehensive (adj) Remembering her mother's-in-law unfavorable remarks Laura felt **apprehensive** about her new visit.

Apprehensive means a. worried b. happy c. not caring

connoisseur (noun) Curtis has a broad knowledge of French wines – where they are made, when they are at their best, and exactly how each one tastes. He is a true **connoisseur**.

Connoisseur means a. doubter b. authority c. leader

convey (verb) On my parents' twenty-fifth wedding anniversary, I sent a telegram to **convey** my congratulations and love.

Convey means a. think of b. prevent c. communicate

dismay (verb) Karl was **dismayed** when he realized that he wouldn't have enough money to buy a

special birthday present for his girlfriend.

Dismay means a. discourage b. relieve c. delay

fallacy (noun) It is a **fallacy** for people to think that they can drink and still manage to drive safely.

Fallacy means a. useful idea b. error c. goal

fortify (verb) Vitamins and minerals **fortify** the body against disease.

Fortify means a. relax b. strengthen c. prove

inhibit (verb) Steve wanted to drive fast in his new car, but the fact that he had already got two speeding tickets **inhibited** him.

Inhibit means a. hold back b. get into habit c. satisfy

novice (noun) I was such a **novice** at computers that I didn't know how to insert a disc.

Novice means a. child b. beginner c. friend

perception (noun) Children's **perception** is usually underestimated. They can quite easily sense their parents' moods and know whether or not it is a good time to ask for something.

Perception means a. selfishness b. awareness c. laziness

2. Matching words with definition

➢ ***Following are definitions of the ten words. Clearly write each word next to its definition.***

1.…… A mistaken idea
2. ……To communicate; make known
3. ……Understanding and awareness because of insight and observance
4. ……To discourage; make fearful or uneasy
5. ……To hold back; prevent
6. ……To stick firmly
7. ……An expert in fine art or in matters of taste
8. ……Worried or nervous
9. ……A beginner; someone new to a field or activity
10. ……..To strengthen

3. Sentence Check

➢ Using the answer line provided, complete each item below with the correct word from the box. Use each word only once.

Connoisseur, perception, inhibit, apprehensive, fortify, novice, fallacy, convey, dismay, adhere

1. …… Because she was just out of college, Faye was a …… at interviewing job applicants.
2…… A …….of Asian culture told me that the Japanese didn't speak much but said a lot.
3. …….. Many people feel …… of the coming retirement, though it can give new impetus to life.
4…… The doctor knew it would …… Karl to learn that his injured leg would never again regain its previous strength.

5……	I can hardly imagine having a relationship with someone who ……...(s) my personal growth.
6. ……..	Kwan's ……..helps her judge correctly any person's character after just a brief conversation.
7. ……..	To opponents of nuclear energy, the idea that nuclear power plants are safe for humans is a…….
8. ……..	The night before running a marathon, Elsa ……(s) herself by eating a large plate of pasta.
9……	Though Denis is quite often ridiculed for his obsolete senses of fair game and gratitude, he still ……(s) to his principles.
10. ……	Using sign language, chimpanzees can ……such ideas as "Candy sweet" and "Give me hug".

4. Final Check

➢ Here is a final opportunity for you to strengthen your knowledge of the ten words. First read the following text carefully. Then fill in each blank. (Context clues will help you figure out which word goes in which blank.) Use each word only once.

Nonverbal Communication: How We Say What We Don't Say[3]

A ……in public speaking will think that a well-written speech is enough for a successful presentation. A …… however knows it may be a …….. to underestimate the

[3] Based on *Thomas K. Mira. Speak Smart. The Art of Public Speaking. Random House, Inc. New York, 1998; Leo Jones. Progress to Proficiency, Cambridge University Press, 1997.*

importance of nonverbal communication which according to behaviorists accounts for about 80 per cent of human communication. Mind that an audience's initial impression of a speaker is made within the first three (!) seconds of the time the audience sees him.

Hence you can control an audience's …… of you through the combination of your facial expression and head movements, your gestures with your hands and arms, and the rest of your body including your legs.

Avoiding direct eye contact, clenching hands or crossing arms, rubbing an eye, ear or nose, leaning away will …….. the idea of being defensive, whereas blinking frequently, licking lips, constant clearing throat, putting hand over the mouth, fidgeting your chair will be an evident indication of a communicator's anxiety.

However when reading nonverbal signals look for "clusters" of information, not individual signals. You shouldn't be …….. of your communicator if he strokes his chin or pinches the bridge of his nose. Along with tilting his head to one side, leaning back to listen and keeping his legs still it indicates to his thoughtfulness.

You will appear confident if you …….. to the following simple recommendations: look into another person's eyes, don't blink, keep your hands away from your face, stay still and don't make sudden movements.

If you are the speaker remember that the expression of your face must match the meaning of the words you are using. Otherwise your audience will feel ……(ed).

If you use your hands in normal conversation, use them in your presentation. Don't forget that the bigger the audience, the bigger your gestures, facial expressions, and body movements must be.

Don't be neglectful of such an important factor as grooming which must be an integral part of your personal trademark. Proper grooming can seriously …… the audience's positive perception of you while improper one creates a perfect opportunity for those who may oppose us to separate us from our audiences and ……(s) successful communication. Your grooming should

always be reflective of your audience and should never be extreme. It shouldn't be the same at the meeting with very senior executives and a community meeting with a much less formal dress code.

5. Educated Guess

➢ ***There are a lot of words in Russian and English which have similar meaning. Using your previous knowledge make an educated guess matching the words with their definition.***

1. stereotype	unimportant; not significant
2. dominant	overall plan
3. strategy	most powerful; having or using the most control or influence
4. trivial	a means to reach a goal; method
5. tactic	a commonly accepted image that is oversimplified, with no individuality taken into account

6. Integration and Activation

➢ ***Give your own examples developing the topics of public speech and nonverbal communication, using the words from exercises 1, 5.***

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UNIT 5

1. affirm	**6. essence**
2. alleged	**7. immunity**
3. allude	**8. impair**
4. awe	**9. malicious**
5. coerce	**10. query**

1. Words in Context

➢ ***What is the meaning of the following words? Use the context of the sentences to help you figure it out.***

affirm (verb) The witness **affirmed** in court that he had seen the accused commit the robbery.

Affirm means a. fear b. state c. write

alleged (adjective) The **alleged** killer was never proved guilty in court, but many people believe he committed the crime.

Alleged means a. assumed b. admired c. harmless

allude (verb) Although the mayor won't name her opponent, she plans to **allude** to him by mentioning the scandal he's involved in.

Allude means a. clearly mention b. hint at c. keep

awe (noun) Frank and Donna have different types of idols. Although Frank greatly admires Michael Jordan, Donna is filled with **awe** for Mother Teresa.

Awe means a. anger b. respect c. hope

coerce (verb) To **coerce** the general into giving up, the rebels kidnapped his daughter.

Coerce means a. talk b. join c. force

essence (noun) Trust is the **essence** of a good relationship; without it, the relationship won't last.

Essence means a. main part b. opposite c. sad part

immunity (noun) Foreign ambassadors often park in no-parking zones because they have **immunity** from parking fines.

Immunity means a. recognition b. freedom c. income

impair (verb) Listening to loud music **impairs** hearing by damaging the inner ear.

Impair means a. involve b. repair c. harm

malicious (adjective) Heidi is so **malicious** that she makes up lies to ruin other people's reputation.

Malicious means a. mean b. ambitious c. common

query (verb) Reporters repeatedly **queried** the president about taxes, but his only reply was "No comment".

Query means a. ask b. quote c. answer

2. Matching words with definition

➢ ***Following are definitions of the ten words. Clearly write each word next to its definition.***

1…… Great respect mixed with wonder and fear
2…… To question; to ask
3…… To force; to compel
4…… Supposed to be true or real, but not proved; assumed

5……	Showing great ill will; mean; deliberately harmful
6……	Freedom from something unpleasant or something required of others
7……	To indicate to be true, state with certainty
8……	To damage; weaken
9……	To refer to indirectly
10……..	A fundamental characteristic or the most important quality of something; the heart of a matter

3. Sentence Check

➢ ***Using the answer line provided, complete each item below with the correct word from the box. Use each word only once.***

Alleged, malicious, coerce, awe, query, immunity, allude, essence, impair, affirm

1……	Regina …….(d**)** to Sal's weight gain by calling him "Santa".
2. ……..	Nobody is sure if the ……bribery really took place.
3. ……	The senator would neither deny nor …….. that the elite, expensive country club he belonged to allowed no minority members.
4. ……	Drugs and alcohol ……. a person's ability to drive.
5……..	Jerome is so …….. that he goes out of his way to hurt anyone who won't give in to his wishes.
6. …….	When two people are arrested for the same crime, the police …….. them

separately to see if they give the same answers.

7…… When the actor punched a police officer, even his wealth and fame didn't get him ……from jail.

8…… Boiled down to its……, the lecture can be stated in one short sentence. Much important work gets done in America by volunteers.

9…… The general's uniform and medals filled Scott with …… .However, Marla, who knew the general personally, felt only disrespect for him.

10. …… When my roommate wants to ……me into doing some favor, all she has to do is to hint at certain dark secrets of mine.

4. Final Check

➢ Here is a final opportunity for you to strengthen your knowledge of the ten words. First read the following text carefully. Then fill in each blank. (Context clues will help you figure out which word goes in which blank.) Use each word only once.

Children and Drugs[4]

One of the most disturbing things about selling of illegal drugs is the involvement of children. Police regularly pick up preteens who are used as lookouts and delivery boys. When the police …… them, the children often say the drug dealers ……(d) them into doing these jobs. Fearful of betraying the dealers, the kids

[4] Based on *Donald J.Goodman, Sherrie L.Nist, Carole Mohr. Building Vocabulary Skills. Townsend Press, Inc., New Jersey, USA, 1997; Joseph A. Califano, Jr. A Weapon in the War on Drugs: Dining In, Washington Post, Oct. 19, 1998.*

only …….. to what has happened to others who have not cooperated.

However, some poor kids don't need to be forced. They are naturally attracted by the money offered, and they speak of the dealers with……. With their fancy cars and rolls of money, the dealers seem to these children to be members of an elite club. According to the mother of an …… drug delivery boy (the police could never prove he really was a drug runner), the dealers serve as "role models" to her son and his friends.

Dealers like using kids because their age gives them ……. from serious criminal charges. The police ……. that arresting the children doesn't …… the dealers' business much. Also, it doesn't inhibit other kids from going to work for the dealers.

To some of the children, serving as lookouts and drug runners is almost a game. Being unaware how …… the people in the drug world are, they don't realize what harm they can be running. The very usage of these children shows that the ……. of drug dealing is abuse of people.

5. Educated Guess

➢ ***There are a lot of words in Russian and English which have similar meaning. Using your previous knowledge make an educated guess matching the words with their definition.***

1. elite	able to cause death; deadly
2. exotic	being or intended for the best or most privileged; superior
3. provoke	foreign; from a different part of the world; strange or different in an appealing way
4. naive	lacking worldly experience; unsuspecting; unsophisticated
5. lethal	

6. Integration and Activation

Give your own examples developing the topics of children and drugs and child abuse using the words from exercises 1, 5.

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UNIT 6

1. **controversy** 2. **diversity** 5. **lure**	6. **moderate** 7. **predisposed** 8. **recede** 9. **severity** 10. **surpass**

1. Words in Context

➢ ***What is the meaning of the following words? Use the context of the sentences to help you figure it out.***

controversy (noun) There was no longer any **controversy** – everyone agreed that the all-male dining club should now accept female members.

Controversy means a. agreement b. argument c. order

diversity (noun) City College offers a **diversity** of courses and majors at a reasonable price.

Diversity means a. need b. similarity c. variety

finite (adjective) The earth's supply of natural resources is **finite** and will be used if we are not careful.

Finite means a. limited b. endless c. fine

inherent (adjective) An **inherent** danger of life in San Francisco is the possibility of earthquakes.

Inherent means a. shrinking b. humble c. natural

lure (verb) The loud music and flashing lights **lured** many teens to the carnival.

Lure means a. force b. discourage c. tempt

moderate (adjective) The prices at this restaurant aren't dirt cheap, but they are **moderate**. So we should be able to have a nice dinner without spending too much.

Moderate means a. modern b. average c. difficult

predisposed (adjective) As a Mel Gibson fan, I am **predisposed** to enjoy any movie he stars in.

Predisposed means a. unlikely b. likely c. pretending

recede (verb) Walter had to wait until the flood water **receded** before he could get to his house to see the damage.

Recede means a. grow b. pull back c. return

severity (noun) Some hospitals now allow patients to judge the **severity** of their pain and to regulate the intake of drugs.

Severity means a. gentleness b. intensity c. cause

surpass (verb) You can reach and even **surpass** many of your highest goals.

Surpass means a. go beyond b. avoid c. equal

2. Matching words with definition

➢ Following are definitions of the ten words. Clearly write each word next to its definition.

1……..	Medium; average; not extreme in quality, degree or amount
2……..	The condition or quality of being severe; harshness; intensity; seriousness
3. ……	Existing as a natural or essential quality of a person or thing; built-in

4…….To do better than; go beyond in achievement or quality
5…….Having limits; limited
6…….To attract by tempting
7…….Tending toward or open to something beforehand
8…….A debate; an argument; discussion of an important issue with opposing views
9…….. Variety
10……..….. To move back or away from a particular point or limit

3. Sentence Check

➢ ***Using the answer line provided, complete each item below with the correct word from the box. Use each word only once.***

Inherent, controversy, finite, recede, diversity, moderate, predisposed, severity, surpass, lure

1…… If you aren't very hungry, take only a ……. helping of food.
2…… When our company offered to compensate us well for working on Saturdays, the number of volunteers ……ed all expectations.
3…… "Hearing a ……. of opinions is fine", said Lynn. "But it would be nice if everyone in this family could agree once in a while."
4…… Judging by their endless requests for money, my children don't seem to realize our income is…….
5…… There is a lot of …… in this country over death penalty.

6…… Medication should match the …….. of a problem. A powerful painkiller isn't needed for a hangnail.

7…… The heavy blanket of clouds finally began to……., allowing the sun to warm the crowd at the football game.

8…… The boss is in a rotten mood today, so he is not …… to tolerate any mistakes.

9…… Marco believes that kindness is ……. in human nature, but I think people are born selfish. Maybe we're both right.

10……. The opportunity to be helpful ……..s many people to such fields as nursing and teaching.

4. Final Check

➢ Here is a final opportunity for you to strengthen your knowledge of the ten words. First read the following text carefully. Then fill in each blank. (Context clues will help you figure out which word goes in which blank.) Use each word only once.

Biological Theories on Aging[5]

Of the ……. of theories about the biological causes of aging, the following are among the most commonly accepted.

The wear-and-tear theory states that, like everything else in the universe, the human body wears out. The idea that the more you

[5] Based on *Dorothy U. Seyler. The Reading Context. Developing College Reading Skills. Allen & Bacon, A pearson Education Company, MA 02494, 2000; Donald J. Goodman, Sherrie L.Nist, Carole Mohr. Advancing Vocabulary Skills. Townsend Press, NJ 08053, 1997.*

abuse the body, the faster it will wear out is ……. in this theory. A great deal of ……. exists today regarding the relative benefits and disadvantages of various exercise programs which ……. the middle-aged and elderly. Proponents of the wear-and-tear theory argue that people of these age groups are ……. to premature bone and joint injuries, particularly in the lower back, hip and knee areas. So the idea that sports make aging ……. is just a delusion.

The cellular theory states that the number of usable cells at birth is……., and these cells are genetically programmed to divide or reproduce only a limited number of times. Once the cells reach the end of the reproductive cycle, they begin to die and the organs they make up begin to show signs of deterioration.

The autoimmune theory attributes aging to the decline of the body's immunological system which becomes less effective in fighting disease with age. Eventually even ……. stress, especially if it is coupled with poor nutrition can cause rapid aging. In some instances, the immune system appears to lose control and turn its protective mechanisms against the host, actually attacking the person's own body. The frequency and ……. of this type of disorder among the elderly …….es relevant levels for all other age groups.

5. Educated Guess

➢ ***There are a lot of words in Russian and English which have similar meaning. Using your previous knowledge make an educated guess matching the words with their definition.***

1. chronic	related to the matter at hand
2. relevant	to make something last longer
3. theoretical	continuing, lasting a long time, constant
4. doctrine	based on theory (opposed to practice or practical use)
5. prolong	the strict teachings of a religious, political, or other group

6. Integration and Activation

➢ ***Give your own examples developing the topics of aging and gender differences in health patterns using the words from exercises 1, 5.***

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UNIT 7

1. adverse	**6. erode**
2. compatible	**7. inflict**
3. diminish	**8. obsession**
4. drastic	**9. raucous**
5. encounter	**10. subtle**

1. Words in Context

➢ ***What is the meaning of the following words? Use the context of the sentences to help you figure it out.***

adverse (adjective) The sun has an **adverse** effect on the skin. It accelerates aging of the skin, resulting in more wrinkles at a younger age, and can also cause skin cancer, which can be lethal.

Adverse means a. unknown b. unfavorable c. unnecessary

compatible (adjective) My husband thinks everything combines with onion. He even thinks jam and onions are **compatible** in a sandwich.

Compatible means a. well-known b. healthy c. in agreement

diminish (verb) I waited for my anger to **diminish** before discussing the problem with my boss.

Diminish means a. grow b. remain c. become less

drastic (adjective) The company's new president took **drastic** steps, closing two factories and laying off three hundred employees.

Drastic means a. unimportant b. extreme c. easy

encounter (verb) Strangely enough I **encountered** my old boyfriend while I was on my honeymoon.

Encounter means a. avoid b. run into c. go with

erode (verb) Year after year, the waves continue to **erode** the beach, wearing it away by constantly beating against it.

Erode means a. wear away b. build up c. escape

inflict (verb) When Margie is angry, she tries to **inflict** pain with a cutting remark – a habit that doesn't make her popular with her classmates.

Inflict means a. prevent b. cause c. recognize

obsession (noun) Psychologists help people troubled by **obsessions** to gain control over their thinking, so they are not bothered by the same thoughts over and over.

Obsession means a. helpful habit b. possession c. constant thought

raucous (adjective) At the horror movie, the audience's behavior became **raucous**. Everyone was shouting at the characters on the screen and pretending to shriek with fright.

Raucous means a. persistent b. disorderly c. angry

subtle (adjective) Animal actors are trained to respond to human signals too **subtle** to be noticed by the audience.

Subtle means a. obvious b. peaceful c. slight

2. Matching words with definition

➢ ***Following are definitions of the ten words. Clearly write each word next to its definition.***

1…..…….. Able to get along well together; combining well

2……. Harmful, unfavorable

3……. To gradually wear something away

4…….	Noisy and disorderly; boisterous
5…….	To lessen, to decrease
6…….	An idea or feeling, often unreasonable, which completely fills someone's mind
7…….	To meet especially unexpectedly
8…….	Extreme, harsh or tense
9…….	Hardly noticeable; not obvious
10……..	To give or cause (pain or hardship)

3. Sentence Check

➢ ***Using the answer line provided, complete each item below with the correct word from the box. Use each word only once.***

Adverse, obsession, drastic, compatible, subtle, diminish, erode, encounter, inflict, raucous

1……	People often take …….. steps in anger, and they later regret their extreme actions.
2. …….	Strange as it may seem we often …… someone we know in most crowded and unbelievable places. That is probably yet another proof to the statement "That is a small world".
3……	Loud music can eventually ……. permanent damage on the ears.
4……	Mozart created musical masterpieces in spite of his ……. circumstances – illness and debt.
5……	The audience at the rock concert was so …… that we feared the noise and commotion would lead to violence.
6. ……..	Keith and Sara's matchmaking friends were so sure they'd be …….. that they tried everything to propel the two into each other's arms.

7. ……...	Although Jasmin was born in Alabama, she has lived in New York for many years. As a result, her Southern accent is so …….. that some of her friends don't even notice it.
8. ……	After Mother yelled, "Turn that thing down!" the sound from the stereo ……ed from a roar to a soft hum.
9……..…	Hard rock was at first just my hobby. But the tune has become such an ……. that I can't stop listening to it.
10. ……	The nation's confidence in its leader was ……..d by his increasingly wild accusations against his opponents.

4. Final Check

➢ Here is a final opportunity for you to strengthen your knowledge of the ten words. First read the following text carefully. Then fill in each blank. (Context clues will help you figure out which word goes in which blank.) Use each word only once.

Noisy Death of Silence[6]

People are amazingly tolerant of the ……. effects of the noise that engulfs them at work and play. They shouldn't be. This kind of pollution causes millions to lose their hearing, slowly but surely. That tolerant attitude needs to change – and fast. Increasingly, the racket we …… in our day-to-day activity is being recognized by the scientists not only as an environmental nuisance but also as a severe health hazard.

Much of the clamor is unavoidable because it's part and parcel of both urban and country life. Our hearing is being ……..d daily

[6] Based on *Anastasia Toufexis "Now Hear This – If You Can", Time: Reaching for Tomorrow, Authentic Readings for Language Development. Articles selected by Linda Schinke-Llano, National Textbook Company, Linconwood, Illinois, USA, 1994, NTC Contemporary Publishing Company.*

by on-the-job noise and cacophony of city traffic hardly ……. with mere survival.

Though, we shouldn't turn a deaf ear to the fact that much of this punishment is self-induced, voluntary. We increase the burden of noise we put ourselves under in out private lives. We are …….ing ourselves a permanent injury by enduring the steady whine of home appliances. We shouldn't underestimate that the ……din of leisure activities can be just as dangerous as the roar from the factory floor. We have laws to protect the hearing of workers in noise workplaces but there are no laws covering recreational noises. Unfortunately complete apathy in this question is only too evident.

What is even more depressing children lead some of the most ……. lives of all. Noisy activities range from playing to riding school bus. Of greatest concern, however is youngsters' …….. with amplified music sometimes surpassing 110 decibels.

Though noise is a low priority even in the most developed countries and in fact some governments even drop noise-emission labeling on such items as power tools[7], hearing experts insist on the introduction of …….. measures to ……. noise pollution. Otherwise, even the most conservative estimates predict that we will lose one of our most vital attributes, the ability to interact with our environment.

5. Educated Guess

➢ There are a lot of words in Russian and English which have similar meaning. Using your previous knowledge make an educated guess matching the words with their definition.

1. urban	lack of interest or concern
2. apathy	a fault; imperfection
3. defect	of or in a city
4. conservative	able to be heard
5. audible	tending to resist change; favoring traditional

[7] In 1982 the Reagan Administration closed the Environmental Protection Agency's noise-control office and dropped noise emission labeling.

	values and views

6. Integration and Activation

➢ ***Give your own examples developing the topics of favorable and adverse effects of music and noise pollution using the words from exercises 1, 5.***

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UNIT 8

5. expand	**10. undermine**

1. Words in Context

➢ What is the meaning of the following words? Use the context of the sentences to help you figure it out.

acute (adjective) Gil joked, "This painting looks like something my two-year-old son would do." Then he felt **acute** regret when he learned the artist was standing behind him.

Acute means a. great b. mild c. slow

affluent (adjective) Why should tax regulations benefit **affluent** people more than poor people?

Affluent means a. careless b. friendly c. rich

contend (verb) John **contended** that smoking hadn't hurt his health, but right after making that claim, he had a fit of coughing that lasted ten minutes.

Contend means a. conceal b. realize c. declare

exacerbate (verb) Instead of soothing the baby, the sound of the music box seemed only to **exacerbate** his crying.

Exacerbate means a. cause b. relieve c. make worse

expand (verb) As children grow older they **expand** their interests and become more confident.

Expand means a. grow larger b. diminish c. stay

ordeal (noun) Even if you are in good physical condition, running cross-country is an **ordeal.**

Ordeal means a. welcome event b. sure success

c. difficult challenge

prevail (verb) Most Hollywood movies have a happy ending: good **prevails** over evil.

Prevail means a. win b. watch c. lose

scarcity (noun) **Scarcity** of food stimulated mankind to develop agriculture.

Scarcity means a. insufficient amount b. abundance c. high level

sustain (verb) An opera singer can **sustain** a high note for a long period of time.

Sustain means a. remember b. delay c. continue

undermine (verb) Alison's repeated criticisms **undermined** her sister's self-confidence.

Undermine means a. reach b. explore c. weaken

2. Matching words with definition

➢ ***Following are definitions of the ten words. Clearly write each word next to its definition.***

1……	To claim to be true
2……	To gradually weaken or damage
3……	Having plenty of money, extremely rich
4……	A situation in which there is not enough of something
5……	To become larger in size, number, or amount
6……	To aggravate (a situation or condition); make more severe
7……	A very difficult and painful experience

8…… To keep something going; continue
9…… Severe, sharp
10……. To win out; triumph

3. Sentence Check

➢ ***Using the answer line provided, complete each item below with the correct word from the box. Use each word only once.***

Ordeal, acute, prevail, scarcity, sustain, affluent, exacerbate, expand, undermine, contend

1……. Numerous floods had …….d the foundation so greatly that the house was no longer safe.
2. …… To ……. a high grade point average throughout college requires much studying.
3. …… My headache pains were so …….. that they felt like needles in my head.
4…….. He was more than reasonably well-off. He lived in a luxurious house in …….. suburbs with large houses and tree-lined streets.
5. …… Hannah came out of the difficult three-hour test, sighed, and said, “What an……... I’m worn out.”
6…….. Reilly’s cross comments only …….d the tension.
7. …… The population of the town ……ed rapidly in the 1960s, following the start of the automobile line which later became the most profitable enterprise of the area.
8…….. The ……of funds turned out to be the main obstacle to company’s winning the tender.

9……..	Although Kennedy ……ed over Nixon in 1960, eight years later Nixon won the presidency.
10 ……	Critics of the school system …….that not enough emphasis is placed on creativity.

4. Final Check

➢ Here is a final opportunity for you to strengthen your knowledge of the ten words. First read the following text carefully. Then fill in each blank. (Context clues will help you figure out which word goes in which blank.) Use each word only once.

Overpopulation[8]

Human health, well-being and survival are ultimately dependant on the integrity of the planet on which we live. Today the natural world faces a real…….**,** trying to withstand accelerating pressure of the enormous number of people who live in it. Our most …….. environmental problem is unchecked population growth which has recently gained a special topicality as the world population is increasing at unprecedented numbers. The contemporary birthrate gives the planet an annual net population gain of 93 million people. Population experts believe that if this trend ……..s in future or doesn't change radically, 10.4 billion people will be competing for the world's diminishing resources by the year 2029, the ……..of which won't permit to ……. this ever increasing population.

The population explosion is not distributed equally around the world. The situation is ……d by the fact that the most ……countries, such as the United States and western European countries, have the lowest birth rates and at the same time, these regions produce more grain than their populations consume, whereas countries that can least afford a high birth rate in economic, social, health, and nutritional terms are the ones where the

[8] Based on *Rebecca J.Donatelle, Lorraine G.Davis. Environmental Health// Access to Health. Copyright © 1996 by Allyn & Bacon.*

population ……s most rapidly. Environmental degradation caused by loss of topsoil, pesticides, toxic residues, deforestation, global warming, air pollution, and acid rain seriously threatens food supply and ……..s world health. Nowhere are these threats more visible than in Third World countries in Africa, Asia, and Latin America. An estimated 40,000 children under the age of five die each day in these countries from severe nutritional deprivation and related infectious diseases.

A simple way to alleviate this gruesome situation is to control our own reproductivity aiming at zero population growth. However the continued preference for large families in developing countries is caused by such factors as high infant mortality rates, the traditional view of children as "social security" (they not only work from a young age to assist families in daily survival but also support parents when they are too old to work), the low educational and economic status of women, and the traditional desire for sons that keeps parents of several daughters reproducing until they get male offspring. Moreover some developing nations feel that overpopulation is not as great a problem as the inequitable distribution of wealth and resources.

For all those reasons, demographers …….. that broad-based social and economic changes will be necessary before a stabilization in population growth rates can occur.

5. Educated Guess

➢ There are a lot of words in Russian and English which have similar meaning. Using your previous knowledge make an educated guess matching the words with their definition.

1. optimist	a person who gives or contributes
2. pessimist	a person who tends to see the bad side of things
3. stimulate	to cause to become active
4. donor	worldwide; widespread
5. universal	someone who expects a good outcome

6. Integration and Activation

➢ ***Give your own examples developing the topics of the possible adverse effects of unchecked population growth using the words from exercises 1, 5.***

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UNIT 9

1. assert	**6. reinforce**
2. bigot	**7. ridicule**
3. denounce	**8. rigid**
4. innate	**9. scapegoat**
5. propel	**10. solicitous**

1. Words in Context

➢ ***What is the meaning of the following words? Use the context of the sentences to help you figure it out.***

assert (verb) His evidence helped him **assert** his innocence as well as win the support of the electors.

Assert means a. state b. doubt c. ruin

bigot (noun) The new sergeant was a real **bigot**, and viewed all black men with suspicion.

Bigot means a. zealot b. builder c. student

denounce (verb) In Nazi Germany, anyone who publicly **denounced** Hitler as cruel or mad risked imprisonment, torture, and death.

Denounce means a. imitate b. defend c. condemn

innate (adjective) Rick's musical ability must be **innate**. Even as a child, he could play the piano by ear and make up his own tunes.

Innate means a. inherited b. worthwhile c. learned through experience

propel (verb) Jet engines **propel** a plane forward.

Propel means a. support b. move forward c. raise

reinforce (verb) The latest figures **reinforce** the view that economic growth is slowing.

Reinforce means a. ruin b. strengthen c. confuse

ridicule (verb) Ignorant people often **ridicule** my brother because he is overweight, as if they themselves have perfect bodies.

Ridicule means a. praise b. notice c. make fun of

rigid (adjective) Betty is finding it hard to keep to the school's **rigid** rules.

Rigid means a. undemanding b. strict c. lazy

scapegoat (noun) Because the manager wanted a **scapegoat** for his own mistake, he fired an innocent employee.

Scapegoat means a. correction b. punishment c. someone to blame

solicitous (adjective) The waiter was overly **solicitous**. He kept interrupting our conversation to ask, "Is everything all right here?"

Solicitous means a. distant b. attentive c. patient

2. Matching words with definition

➢ ***Following are definitions of the ten words. Clearly write each word next to its definition.***

1…… To make fun of, mock
2…… To move, push or drive something forward
3…… Possessed at birth; inborn
4…… Showing or expressing concern, care, or attention
5…… Strict and difficult to change; stiff and not moving
6…… Someone blamed for the mistakes of others

7…… To strengthen; to add support to
8…… Someone with strong belief about race, religion, or politics
9…… To state firmly that something is true
10……. To openly condemn, express disapproval of

3. Sentence Check

➢ ***Using the answer line provided, complete each item below with the correct word from the box. Use each word only once.***

Propel, bigot, ridicule, solicitous, rigid, innate, denounce, scapegoat, assert, reinforce

1. …… Psychologists try to learn which of our interests and abilities are ……. and which of them are gained from experience.
2……. The old general is very strict and old-fashioned, trying to make the whole family follow the …….. discipline of army life.
3……. When some boys teased and ……d a retarded student for being "dumb," the principal got terribly angry. She kept the boys after school and compelled them to write "I am not as smart as I think" five hundred times.
4……. When the wind failed to ……. the boat, we lowered the sails and turned on the motor.
5. …… Claire was called a ……. when she voted against disabled athletes' participation in University Games.
6…… ……. toward her elderly neighbor, Marie calls every day to see

	how he is feeling and if he needs anything.
7…….	The message that you should not drink and drive needs to be constantly ……..d.
8…….	The teenagers who smashed the window made an innocent bystander a……, claiming he had thrown the rock.
9…….	The governor ……..ed that the victims of the terrible flood would get additional support from the state.
10. …….	The environmental group …….d a local chemical company for polluting the river.

4. Final Check

➢ Here is a final opportunity for you to strengthen your knowledge of the ten words. First read the following text carefully. Then fill in each blank. (Context clues will help you figure out which word goes in which blank.) Use each word only once.

What Is Prejudice?[9]

Prejudice is a negative evaluation of an entire group of people typically based on unfavorable and often wrong ideas about the group either because of limited experience or complete lack of it. Prejudice is often ……..ed by stereotypes, fixed overly simple ideas about traits, attitudes, and behaviour attributed to groups of people. *Stereotypes* are often negative assumptions which have historical backgrounds. For example, the idea that all African Americans have …… abilities for music and sports which probably stems from the fact that historically African Americans

[9] Based on *Lester A.Lefton What Is prejudice?//Psychology (5th ed., Allyn & Bacon, 1994).*
Lester A Lefton has taught undergraduate and graduate courses in psychology for more than twenty years at the University of South Carolina.

were barred from avenues of upward mobility except through the entertainment and sports industries.

People are motivated to succeed, to get ahead. However, if they compete for limited resources it can elicit negative views against competitors, first as individuals, later as a whole group. There are a lot of examples in history when certain groups were publicly ……d as hostile to the nation. It helps make those groups of people into **……..**s – such as Jews in Nazi Germany or Japanese Americans during World War II.

When prejudice is translated into behavior, it is called *discrimination*, targeted at individuals or groups, with the aim of holding them apart and treating them differently. For instance, *sexism* is prejudice based on ……gender stereotyping. Though overt discrimination is illegal, it still exists, making many women underestimate their own prospects.

Some people are prejudiced but they do not ……..a certain group or show any other signs manifesting their attitude, so they do not discriminate. They are referred to as *cautious……..s* (true ones are prejudiced and discriminate).

Sometimes people show *reverse discrimination*, bending over backward to treat an individual more positively than they should, solely to counter their preexisting biases and stereotypes. This excessive ……attitude is closely related to *tokenism*, in which prejudiced people engage in positive but trivial actions toward members of a group they dislike. Behaviorists ……. that these token practices, instead of serious changes in behavior patterns, are ruinous for the self-esteem of alienated groups and ……. discrimination.

5. Educated Guess

➢ There are a lot of words in Russian and English which have similar meaning. Using your previous knowledge make an educated guess matching the words with their definition.

1. imitation	to send something from one place to another
2. phobia	a copy of something

3. dogmatic	a strong unreasonable fear of something
4. transmit	to provide the reason why someone does something
5. motivate	having ideas that you are completely certain about and expect other people to accept without reason

6. Integration and Activation

➢ ***Give your own examples developing the topics of prejudice and stereotypes using the words from exercises 1, 5.***

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UNIT 10

1. attain	**6. disparity**
2. confirm	**7. impeccable**
3. crux	**8. integrity**
4. deplore	**9. refute**
5. disclose	**10. sham**

1. Words in Context

➢ ***What is the meaning of the following words? Use the context of the sentences to help you figure it out.***

attain (verb) More and more women are **attaining** positions of power in public life.

Attain means a. reach b. lose c. hold

confirm (verb) Mr. Smith was released by the police when someone **confirmed** his statement that he had been out of town the day of the murder.

Confirm means a. deny b. support c. ignore

crux (noun) The **crux** of the matter is whether or not he'd intended to commit a crime.

Crux means a. argument b. essence c. difference

deplore (verb) No one could **deplore** drinking and driving more than Elena: her son was killed by a drunk driver.

Deplore means a. condemn b. ignore c. make worse

disclose (verb) When I applied for financial aid, I had to **disclose** my annual income. But it embarrassed me to reveal this information.

Disclose means a. reveal b. deny c. replace

disparity (noun) There is an enormous **disparity** between the million-dollar incomes of top executives and the modest paychecks most of us earn.

Disparity means a. combination b. gap c. closeness

impeccable (adjective) My aunt always looks stylish but never overdressed. Her taste in clothes is **impeccable**.

Impeccable means a. flawless b. deceptive c. faulty

integrity (noun) I thought our senator had **integrity**, so I was shocked to hear that she had taken a bribe.

Integrity means a. honesty b. talent c. good memory

refute (verb) The prosecutor was able to **refute** the defendant's claim that she was home the night of the murder. He had found a witness who saw her in a town bar that night.

Refute means a. support b. show to be wrong c. repeat

sham (noun) The "going-out-of-business" sale was a **sham** to get rid of the old stock. A year later, the store was still open.

Sham means a. something false b. fair plan
c. something accidental

2. Matching words with definition

➢ ***Following are definitions of the ten words. Clearly write each word next to its definition.***

1…….……	To prove wrong or false
2…….	A pretense or counterfeit; something meant to deceive
3…….	The most important part of the problem
4…….	Faultless; perfect
5…….	To feel or express disapproval of
6…….	To support; show the truth of
7…….	Inequality or difference, as in ages or amounts
8…….	To succeed in reaching a particular level or in getting something after trying hard
9…….	To reveal; to make known

10……..	Honesty; strong moral sense or the state of being united as one complete thing

3. Sentence Check

➢ Using the answer line provided, complete each item below with the correct word from the box. Use each word only once.

Crux, sham, refute, integrity, confirm, disclose, attain, deplore, impeccable, disparity

1. ……..	Many people ……pornography but feel we must tolerate it, because they disapprove just as strongly of censorship.
2…….	Once Sandy ……...d her true values in the course of our conversation. She turned out to be completely contrary to what I had supposed.
3……	Charisma, supported by diligence, is a sure way to ……success.
4……	The **……** of the play is his inability to accept his wife as an equal.
5……	Research has ……ed that the risk is higher for women.
6……	Shirley and Jason don't let the ……. in their ages weaken their marriage, but Jason's mother isn't happy with a daughter-in-law her own age.
7……..	Jan writes at least three drafts of every paper so that the final result will be…….. She wants the assignment to be perfect.
8…….	When the city inspectors came, the restaurant kitchen was sparkling. However, such cleanliness was a …….– the place is usually filthy.

9……. Removing the chapter destroys the …… of the book.

10…… She easily …….. all the allegations against her and emerged victorious after the scandal.

4. Final Check

➢ Here is a final opportunity for you to strengthen your knowledge of the ten words. First read the following text carefully. Then fill in each blank. (Context clues will help you figure out which word goes in which blank.) Use each word only once.

Have All the Heroes Died?[10]

A hero, it is said, is someone who is "larger than life", whom we can admire for great qualities, abilities and …….that we may never have. Our heroes reflect the values, hopes, and beliefs of a particular time.

We must acknowledge though that gone are the times when people were magnetized by political and religious leaders, athletes, movie stars and musicians who ……ed hero status. In today's world of prying journalists and a television-age public more and more of them are dethroned. What is more we do our best to ……. information about our past heroes, not to ……. their heroic stature but to ……. it, and strip them of their heroism.

Politicians, for example, who led their countries to greater freedom and democracy, have been heroes for many. No more. We …… them as "heroes with feet of clay" because they were not……..

For athletes, the days of hero worship may be over as well, as quite often sports figures have been discovered breaking the rules of the game, exhibiting violent behavior in competition, using steroids to intensify muscle development, and abusing alcohol and drugs. These "model personalities" are considered to be a……..

[10] Based on *Carol Numrich. Raise the Issue, Longman Publishing Group, NY, 1994.*

Their former fans prefer to focus on their failures. Their supporters, however, argue that they are just normal people like everybody else denying any special treatment of them.

The buzzword in today's language is "role model", someone whose behavior is "imitated" but not necessarily "courageous" or "heroic". But even being a role model in today's world is not easy. In fact, anyone daring to enter public life must have an ego big enough to survive the daily investigations into his or her personal affairs.

The …… of the issue might lie in the …….. of the evaluation of a common person and a hero or a role model. We have always looked up to heroes and role models to exemplify our traditional values. We are not ready to let them get away having fame and fortune if they are not perfect human beings. Maybe we are too demanding? However don't you think that living without heroes and models isn't a satisfactory state of affairs?

5. Educated Guess

➢ There are a lot of words in Russian and English which have similar meaning. Using your previous knowledge make an educated guess matching the words with their definition.

1. morale	someone you should imitate because of their good
2. dethrone	qualities or behavior
3. magnetize	desire for something in the past
4. model	state of mind with respect to confidence and spirit
5. nostalgia	to attract strongly
	to remove a person from a position of authority

6. Integration and Activation

➢ Give your own examples developing the topics of role models and icons of ambition using the words from exercises 1, 5.

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VOCABULARY TESTS

TEST 1

➢ Choose the word that completes each item and write it in the space provided.

VARIANT 1

1. There are hunters who dip their arrows in the poison from a tiny frog – a deadly poison for which there is no …. .

a. anecdote b. integrity c. antidote d. obstacle

2. Smoking and drinking … your health.

a. fortify b. undermine c. reinforce d. isolate

3. To … disaster in river rafting, you must steer clear of the rocks.

a. avert b. erode c. compel d. fortify

4. When Jimmy practiced saying dirty words in first grade, he was

only a … , but by six grade he was an expert.
a. connoisseur b. novice c. menace d. bigot
5. One advantage of … living is the city's wealth of live entertainment, including plays and concerts.
a. erratic b. idealistic c. ruthless d. urban
6. The air escaping from the balloon … it across the table and into the punch bowl.
a. propelled b. devised c. inferred d. imposed
7. Rita turned her … of being lost in the desert into good fortune by selling the story to a movie studio.
a. pessimist b. retort c. ordeal d. patron
8. Using only gestures, Tina managed to … to Jerry the message that she would meet him at the student center at two o'clock.
a. impose b. savor c. cite d. convey
9. Hal was foolish to believe he could seriously date two women at once. It was … they would find out about each other.
a. evasive b. fictitious c. compatible d. inevitable
10. Tokyo, Japan, has a simple … for fitting as many people as possible onto rush-hour trains: workers are hired to push people on.
a. exile b. stereotype c. strategy d. immunity

VARIANT 2

1. My teacher meant to … , "Why did you miss the history lecture?" Instead he asked, "Why did you hiss the mystery lecture?"
a. detain b. recede c. query d. allude
2. My sister made the mistake of letting a high salary … her to a job that bores her.
a. defy b. confirm c. lure d. impose
3. As his attacker was about to … a serious injury, Robert broke free and ran away.
a. disperse b. inflict c. subside d. restrain
4. I have trouble parking … to the curb. My car is always father out in back than in front.
a. audible b. passive c. valid d. parallel
5. Most of us … the end of our first romance. I cried off and on for three whole weeks the first time I ended a relationship.

a. accelerate b. lament c. subside d. distort
6. My sister's … about snakes is so strong she actually faints if she sees one.
a. phobia b. doctrine c. diversity d. transition
7. In 1986 a small … in the space shuttle Challenger cause it to explode.
a. pretense b. remorse c. phobia d. defect
8. Fred is a(n) … complainer – as soon as one problem is solved, he'll come up with another.
a. affluent b. dogmatic c. chronic d. moderate
9. I knew Jackie would do well in the polevault, but her wonderful performance … even my expectations.
a. assessed b. adhered c. denounced d. surpassed
10. We made the difficult decision to let out mother's life end rather than … her suffering with artificial life-support systems.
a. prolong b. deter c. disclose d. comply

TEST 2

➢ ***Write C if the italicized word is used correctly. Write I if the word is used incorrectly.***

VARIANT 1

…… 1. In fifteenth-century France and Spain, a doctor was required to leave a cash deposit before caring for a patient. If the patient lived, the doctor got the money back. If the patient died, the doctor **forfeited** the deposit.

…….2. If a friend suffers a **fallacy** it is proper to send a note of sympathy.

…….3. Bob **endeavored** to save the diseased tree, saying, "Let's just chop it down for firewood".

…….4. The couple next door often yells and throws things at each other. Clearly, they're **compatible**.

…….5. Phil has such an **obsession** with how he looks that he sometimes wears socks that don't match or forgets to comb his hair.

…….6. Someone has **devised** sunglasses that serve as "eyes in the back of your head." Put them on and you see what's behind you.

……7. A tornado's winds can **recede** to speeds as high as two hundred miles an hour.

….. 8. **Elite** members of our society include movie stars and athletes.

……9. Before eyeglasses were invented, some people whose vision was **impaired** looked through clear gemstones shaped like lenses.

……10. I felt much worse when my muscle cramp **subsided**.

VARIANT 2

….. 1. The tornado **reinforced** the house, ripping off the roof.

….. 2. Alaskan wolves are no **menace** to humans – they don't attack people.

….. 3. The candidate was happy to see his support among factory workers start to **erode**.

….. 4. Since he wanted to borrow the car that night, Harry decided to **comply** with his mother's request that he clean his room.

…… 5. To **fortify** my health, I take plenty of vitamins, eat well, and get enough sleep.

…… 6. As I grew older, the **delusion** that my parents were stupid

gradually faded.

….. 7. Ray's feelings for Julie are certainly **overt**. He once paid for a billboard on Main Street that read "Julie, I love you. Ray."

…… 8. Winston Churchill had such a good memory he could **imply** an entire Shakespearean play word for word.

….. 9. Our strict parents often **compel** us to eat too much candy, dirty the carpet, and stay up late.

……10. When his team won the basketball game, Doug was filled with such **apathy** that he jumped up and down shouting "Yeah!" until he sprained his ankle.

VARIANT 3

….. 1. When the nuclear power plant exploded, its dangers became **theoretical**.

….. 2. I didn't realize the severity of Bill's **injuries** until I heard he was still in the hospital three months after his accident.

….. 3. My apartment is **dismal**. Large windows allow the sun to shine in on the cheerful yellow and white furnishings.

….. 4. As an **advocate** of public transportation, I try to convince more commuters to use buses and trains.

….. 5. Since words and music can be combined in **finite** ways, there is no end to the number of songs that can be written.

….. 6. After being a **recipient** of seven speeding tickets in one month, Marylee lost her license.

…… 7. Owen bragged that when he got rich he would buy his mom the most **moderate** diamond necklace in town. He wanted her to have the best.

….. 8. Goldie will never admit that she ‘s been wrong about anything; she’ll **concede** she was right to the bitter end.

…… 9. Whenever my boss makes a mistake, he blames someone else. He loves being **scapegoat**.

……. 10. The soprano thrilled her audience with her ability to **sustain** even the highest notes.

VARIANT 4

….. 1. When I had **ample** income, I had to watch my expenses very carefully.

…… 2. Mother warned her children to **refrain** from calling Uncle Milton “Mr. Pink Nose” to his face.

…... 3. Working in a jewelry store, Gail learned how to **assess** the value of a diamond.

…... 4. The high school seniors are **donors** of college scholarships, which they received from a generous local business owner.

…… 5. When my sister doubled over with sudden, **acute** pain, we suspected that her appendix had become infected.

…… 6. A central **doctrine** of Native American religions is respect for all living things.

…… 7. The first-grade teacher expressed her **contempt** for the responsible way her students behaved at the circus.

…… 8. The defense attorneys **compiled** a great deal of evidence showing that their client was innocent.

….. 9. Lucy was **apprehensive** about going to an Indian restaurant. She loved spicy Indian food more than anything.

…… 10. Janie is such an **optimist** that I like to be on her volleyball team – she always makes me feel I can win.

TEST 3

➢ ***Complete each item with a word from the box.***

VARIANT 1

a. acknowledge	**f. propaganda**
b. prospects	**h. savor**
c. integrity	**g. awe**
d. morale	**j. impose**
e. fortify	**i. delusion**

…… 1. The old wooden beams in the barn were so weak that we had to ... them with metal rods.

…… 2. I'd say Bruno's ... of getting the job are excellent – his father owns the company.

…….3. It's thrilling to watch Michael Jordan play basketball. His athletic ability fills me with …

……. 4. My sister ...s on her husband's good

nature by having him run errands for her all the time.

…….. 5. Knowing the ice cream would be his last before beginning his diet, Jon took time to … every each spoonful.

…….6. Our belief that the company was loyal to us workers proved to be a … . It laid everyone off and moved the plant to a state with cheaper labor.

…….7. Americans … that they have a great fear of cancer. When surveyed, most report that they fear this disease more than any other.

…… 8. A large part of war is ...: spreading information that makes the enemy look bad.

…… 9. ... is so low in my office that no one even wants to talk about how depressed we all are.

…… 10. Dominic has … . When he accidentally backed into a parked car and smashed one of its lights, he was honest enough to leave a note with his number and name.

VARIANT 2

a. rational	**f. tactic**
b. indulgent	**g. remorse**
c. mania	**h. essence**
d. nostalgia	**i. adhere**
e. coerce	**j. stereotype**

…….. 1. Many students have used the … of blaming the computer for their missed deadlines. They say, for example, “It erased my whole paper”.

…….. 2. The … of the cowboy is that of a rough and romantic fighter, but most cowboys actually spent their days doing routine chores.

…….. 3. In ancient Rome some of the wealthiest and most self … people powdered their hair every day with pure gold dust.

……. 4. The … of a thunderstorm is energy –energy sometimes equal to that of a dozen atomic bombs.

……. 5. Rosa is overly … about her love life. She lists a guy's good and bad qualities before deciding if she'll date him again.

…… 6. Because of all the steam in out bathroom, the wallpaper there no longer …s very well.

…… 7. My brother expressed … for having stolen my slice of chocolate pie but I think he was just trying to avoid getting into trouble with Dad.

…… 8. Looking over his high-school yearbook and remembering al the fun he had made Al felt great … for his school days.

…… 9. Because a thief might … you into handing over a wallet, carry an extra one with little money, an old ID card, and out-of-date credit cards.

…… 10. Henry Ford had a(n) … for using soybeans. He once came to a meeting wearing clothing that, except for his shoes, was made of soybeans products.

TEST 4

➢ Complete each sentence in a way that clearly shows you understand the meaning of the boldfaced word.

VARIANT 1

1. Ramon felt **dismal** because ……..
……
2. There is **controversy** in our country about ……
……
3. Our instructor **confirmed** the rumor that the final exam was being postponed when she ……
…..…….. ……

4. Babies have **innate** ability to ……
……
5. If you were to **submit** to someone's demand for a loan, you would ……..
……
6. I **altered** my appearance for the party ……
……
7. Harold was filled with **contempt** when he saw the big, strong man ……
……
8. While waiting for my turn for a haircut, I felt **apprehensive** because …….
……
9. When I served delicious Chinese dish for New Year party, my **conservative** brother said …….
……
10. Because of her **obsession** with clothes, Sheila ……..
……. ……

VARIANT 2

1. The driver **averted** a crash by ……
……
2. A sign of high **morale** on a team is ……
…….
3. Being a **novice** as a waiter, Artie…….
……
4. The following remark could **undermine** someone's confidence; "……."
5. I know that my father has **integrity** because……..
……
6. When it comes to taxes, Dinah is so **radical** that she believes
…….

7. A man who believes he and his date are **compatible** might say at the end of an evening, "……"
9. A camper might experience such **adverse** conditions as ……...
……
10. I usually **accelerate** my car when ……
…….

TEST 5

VARIANT 1

➢ Use five of the following ten words in sentences developing the topic of positive effects of music and adverse effects of noise pollution. Make it clear that you know the meaning of the word you use.

1. adhere **2. diversity**	**3. assess** **4. phobia**	**5. denounce** **6. remorse**	**7. surpass** **8. lament**	**9. refrain** **10.alienate**

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VARIANT 2

➢ Use five of the following ten words in sentences developing the topic of drug or alcohol abuse. Make it clear that you know the meaning of the word you use.

1. delusion **2. compel**	**3. menace** **4. erode**	**5. prospects** **6. urban**	**7. crux** **8. bigot**	**9. inflict** **10. ordeal**

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VARIANT 3

➢ Use five of the following ten words in sentences developing the topic of healthy life style. Make it clear that you know the meaning of the word you use.

1. inevitable **2. delusion**	**3. ordeal** **4. encounter**	**5. impose** **6. savor**	**7. reinforce** **8. avert**	**9. savor** **10. inflict**

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VARIANT 4

➢ Use five of the following ten words in sentences developing the topic of different forms of discrimination. Make it clear that you know the meaning of the word you use.

1. subside **2. inflict**	**3. mania** **4. controversy**	**5. distort** **6. perception**	**7. lure** **8. overt**	**9. imply** **10. apathy**

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